

B.Sc. NURSING VI SEMESTER EXAMINATION, JANUARY - 2026
MENTAL HEALTH NURSING (I&II)

[Time allotted: Three hours]**[Max Marks: 75]****Note:** Attempt all sections.

Draw suitable diagrams wherever necessary.

Q.1. Multiple Choice Questions:**(12x1=12)**

1. What is a hallmark symptom of paranoid schizophrenia?
 - a. Disorganized thinking and behaviour
 - b. Prominent delusions, often persecutory
 - c. Catatonia
 - d. Flat affect
2. A patient reports feeling "hopelessness, helplessness." What would you assess for?
 - a. Depressive symptoms
 - b. Anxiety symptoms
 - c. Post-traumatic stress disorder symptoms
 - d. Personality disorder traits
3. What is the primary mechanism of selective serotonin reuptake inhibitors (SSRIs)?
 - a. Blocking norepinephrine reuptake
 - b. Blocking serotonin reuptake
 - c. Blocking dopamine reuptake
 - d. Blocking acetylcholine reuptake
4. What is group therapy?
 - a. One-on-one counselling
 - b. Family counselling
 - c. Online support
 - d. Therapy with multiple people
5. What is a hallmark symptom of OCD?
 - a. Recurring obsessions
 - b. Mood swings
 - c. Social withdrawal
 - d. Impulsive behaviour
6. What is a characteristic feature of Conversion Disorder?
 - a. Loss of motor or sensory function
 - b. Hallucinations
 - c. Delusions
 - d. Disorganized thinking
7. What does CAGE stand for in the context of alcohol screening?
 - a. Cut, Annoy, Guilty, Eye-opener
 - b. Cut down, Annoyed, Guilty, Eye-opener
 - c. Concerns, Annoyance, Guilt, Early drinking
 - d. Cutting down, Annoyance, Guilt, Excess
8. What is the primary symptom of erectile disorder?
 - a. Premature ejaculation
 - b. Decreased libido
 - c. Inability to achieve or maintain erection
 - d. Painful intercourse
9. What is the primary diagnostic criterion for Autism Spectrum Disorder (ASD)?
 - a. Intellectual disability
 - b. Persistent deficits in social communication and social interaction
 - c. Seizure activity
 - d. Delays in language development
10. What is stress?
 - a. A physiological response to a threat or demand
 - b. A mental health disorder
 - c. A type of anxiety
 - d. A personality trait
11. What is primary prevention?
 - a. Preventing disease recurrence
 - b. Reducing disease risk before onset
 - c. Treating existing conditions
 - d. Managing disease complications
12. What must healthcare providers ensure before psychiatric treatment?
 - a. Client's signature
 - b. Family approval
 - c. Insurance coverage
 - d. Informed consent

- Q.2.** Write essay/situational type on **ANY TWO** of the following. **(2x15=30)**
- a.**
- i** Define ECT. **(1+5+9=15)**
 - ii** Describe mechanism of action, indications & contraindications.
 - iii** Explain nursing management for patient undergoing ECT procedure (pre, intra and post).
- b.**
- i** Define Schizophrenia. **(1+4+10=15)**
 - ii** Enlist predisposing factors and types of Schizophrenia.
 - iii** Describe about catatonic schizophrenia-definition, clinical feature, treatment modalities and draw nursing care plan.
- c.**
- i** Enlist classification and indications of anti-psychotic drugs. **(4+5+6=15)**
 - ii** Explain the pharmacokinetics, mechanism of action and contraindications of anti-psychotic drugs.
 - iii** Explain side effects, nursing implications and patient/family education.
- Q.3.** Write short notes on **ANY FIVE** of the following. **(5x5=25)**
- a.** Disulfiram therapy
 - b.** Therapeutic communication techniques with example
 - c.** Principles of mental health nursing
 - d.** Complementary and Alternative therapies used in Mental Disorder
 - e.** Psychiatric Emergencies
 - f.** Multi-Disciplinary Team & role of Mental Health Nurse
- Q.4.** Write very short notes on the following. **(4x2=8)**
- a.** Hallucination
 - b.** Circumstantiality
 - c.** Neologism
 - d.** Clang Association
