

B.Sc. NURSING VI SEMESTER EXAMINATION, APRIL - 2026
MENTAL HEALTH NURSING (I&II)

[Time allotted: Three hours]**[Max Marks: 75]****Note:** Attempt all sections.

Draw suitable diagrams wherever necessary.

Q.1. Multiple Choice Questions:**(12x1=12)**

1. Which of the following is a common complication of anorexia nervosa?
 - a. Hypertension
 - b. Osteoporosis
 - c. Hyperthyroidism
 - d. Insulin resistance
2. Which of the following antidepressant medications is commonly used to treat depression?
 - a. Diazepam
 - b. Haloperidol
 - c. Fluoxetine
 - d. Alprazolam
3. In the mental status examination, which of the following is assessed under the category of "Thought"?
 - a. Speech patterns
 - b. Level of consciousness
 - c. Grooming and hygiene
 - d. Thought content
4. Which of the following is a common compulsion in OCD?
 - a. Excessive cleaning and handwashing
 - b. Recurring nightmares
 - c. Social withdrawal
 - d. Impulsive behavior
5. Which of the following is a diagnostic criterion for autism spectrum disorder (ASD)?
 - a. Difficulty with motor coordination
 - b. Restricted, repetitive patterns of behavior
 - c. Severe language impairment
 - d. Extreme aggression towards others
6. Which of the following is a common symptom of mania?
 - a. Decreased energy and activity
 - b. Improved concentration and focus
 - c. Increased talkativeness and pressure to keep talking
 - d. Reduced self-esteem
7. Which of the following is a potential complication of untreated anxiety disorders?
 - a. Increased risk of developing depression
 - b. Improved sleep quality
 - c. Enhanced cognitive function
 - d. Reduced risk of substance abuse
8. In waxy flexibility there is:
 - a. Tremors in the body
 - b. Hyperactivity
 - c. Agitation
 - d. Maintenance of an awkward posture
9. During a mental status examination, the term "thought blocking" refers to:
 - a. The sudden interruption of speech without an apparent reason
 - b. Inability to form thoughts
 - c. The inability to recall memories
 - d. Excessive talking without pausing
10. Which of the following is a characteristic of FNSD?
 - a. Neurological symptoms consistent with a medical condition
 - b. Abnormal neurological examination
 - c. Unexplained neurological symptoms with normal examination
 - d. Rapid progression of symptoms
11. Which of the following personality disorders is characterized by a pervasive pattern of grandiosity, need for admiration, and lack of empathy?
 - a. Narcissistic personality disorder
 - b. Antisocial personality disorder
 - c. Borderline personality disorder
 - d. Histrionic personality disorder
12. When obtaining a psychiatric history, which of the following is most important to ask about?
 - a. Family history of diabetes
 - b. Current medication use
 - c. Daily routine
 - d. History of surgeries

- Q.2.** Write essay/situational type on **ANY TWO** of the following. **(2x15=30)**
- a.** Define therapeutic communication. Describe phases of therapeutic communication with the suitable example. Explain therapeutic impasses with its management. **(1+6+8=15)**
 - b.** Define intellectual disability. Describe levels of intellectual disability and treatment modalities for patient suffering with intellectual disability. **(1+6+8=15)**
 - c.** Enlist classification and indications of anti-psychotic drugs. Explain the pharmacokinetics, mechanism of action and contraindications of anti-psychotic drugs and side effects, nursing implications and patient/family education **(4+5+6=15)**
- Q.3.** Write short notes on **ANY FIVE** of the following. **(5x5=25)**
- a.** Role of mental health nurse in Preventive Psychiatry
 - b.** Disulfiram therapy
 - c.** type of psychiatric emergencies
 - d.** Principles of Crisis Intervention
 - e.** etiological factors and clinical features of Mania
 - f.** Etiology of substance abuse
- Q.4.** Write very short notes on the following. **(4x2=8)**
- a.** Mental Health Nursing
 - b.** Neologism
 - c.** Tangentiality
 - d.** Catatonia
